



GARDENING TIP

CURB WEEDS NATURALLY: Avoid buying heavy chemicals to kill weeds in your garden or on the lawn, because you can make a natural solution right at home. In an empty spray bottle or pump sprayer, combine ½ cup of liquid dish soap, 1 gallon of white vinegar, ¼ cup of salt, then mix and shake until blended. Spray on weeds as needed.



VASTU WISE

DON'T PLACE A GARBAGE BASKET UNDER THE TABLE AT YOUR WORK SPACE, IT DISRUPTS YOUR POSITIVE HALO.



REVAMP

FAKE A BUILT-IN: Use floor-to-ceiling bookshelves to create a storage statement wall. And contrary to popular belief, you don't need to install expensive custom shelving to achieve this look. Simply choose a tall bookshelf that's the same color as your walls or trim—or paint the shelves the same color as the walls so they match. If you can't find a bookshelf that reaches your ceiling, simply put taller decorations on top to create more height.



YOUR SPACE

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CREATING MOODS WITH AROMAS

Fragrance is a silent yet powerful element that influences the atmosphere and helps us de-stress. Here's how you can make the most out of it

THE HUES OF PERSONALITY

The shades you choose in your home are a window to your soul, so what will your visitors see when they look at your crimson feature wall? Your cream and gold living room? Colours often reflect our personality, as they say a lot about who we are and what we like. Colours can indicate whether a person is adventurous or conservative. It can also communicate the feeling we want our room to express - relaxing, energetic, fun or whimsical. Here is a brief insight into the colours in your home, and what they might tell you about your personality.



Red: Ambitious

Blue: Tendency to having fixed set of principles and desire to live according to these principles.

Green: need to love and be loved. Strive for safety, security and acknowledgement.

Yellow: Perfectionist and dreamers.

Orange: Social Butterflies. They love people and like to be around others

Black: Independent and strong willed

Purple: Magic, mystery and spirituality. Among Mediterranean people, Purple was used for garments of emperors/ privileged individuals only.

Silver: Born creative, elegant, glamorous, graceful and sophisticated.



POTPOURRI – The fragrance of potpourri can indeed to wonders to our mood and make us feel more grateful for the beauty and aroma around us. Potpourri is merely a bowl that is made up of a mixture of dried flowers, natural herbs, spices, essential oils, etc. You can place the potpourri in your living room and enjoy the sweet fragrance all around your house every time you enter it.

AROMATIC OIL

– Whether you are looking for a clean and crisp aroma for your bathroom or a soothing and relaxing scent for your bedroom, essential oils are everything you need. The reason behind essential oils being loved is that they have gorgeous scents. They do not just smell good but also contain therapeutic properties.

There is something about a clean and fresh-smelling home that feels like heaven. Not only does a good-smelling house feel cleaner, but the right kind of aromas also positively affect our moods and bring in a sense of tranquility. Walking into a beautifully fragrant home indicates that the house is loved and cared for.

If you are looking for ways to have a great smelling home, whether because you love scents but don't want a dose of chemicals or even just to feel calm, here are few helpful elements to go about it.



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INCENSE STICKS

– Incense sticks are one of the best ways to fill our homes with wonderful and fragrant scents as they release fragrant odor when burned. Composed of aromatic plant materials, combined with essential oils, incense sticks come in various scents and when burnt, release a soothing and pleasant aroma into the air which makes homes smell good.

AROMATIC CANDLES, FRAGRANCE SPRAYS

– Candles do add an instant ambience to any room. It is a very common practice to use scented candles and fragrance spray on a daily basis to relax and conjure up a dreamy atmosphere. The flicker of a flame and the aroma of candles help to add a touch of serenity, freshness and relaxation in homes.

DIFFUSERS – Diffusers are a great way to add constant fragrance into our homes without the use of heat or flame. They soak up the fragrance oil, disperse scents into the air and last until all the fragrance oil evaporates. Diffusers work really well in places like a foyer where you always want it to smell nice but cannot always keep an eye on.